

## Linda Hollatz, Dipl.-Psych.

PhD Candidate in Clinical Psychology (Defense scheduled for June 2026)  
University of Cologne, Germany

Dual US–German citizenship; authorized to work in the United States and the European Union

### Research Profile

Research on Body-focused Repetitive Behavior Disorders (BFRBDs) with emphasis on lived experience, assessment, and intervention development

### Academic Background

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| 2020–present | PhD Candidate in Clinical Psychology<br>University of Cologne, Germany   |
| 1994         | Master of Arts in European Languages and Literature<br>University of Hawai'i at Mānoa, USA                                     |
| 1989         | Diplom-Psychologin (German integrated degree in Psychology; equivalent to U.S. Master's level); University of Hamburg, Germany |

### Professional Experience

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| 1991–present | Independent work in Body-Focused Repetitive Behaviors and related conditions, including consultation, training, and workshop development |
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### Publications

#### Peer-Reviewed Journal Articles

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| 2026 | Hollatz, L., & Gerlach, A. L. The impact of mindfulness-based haircuts on individuals affected by trichotillomania and related hair-focused repetitive behavior disorders and their hair-pulling behavior: A pilot study. <i>Journal of Obsessive-Compulsive and Related Disorders</i> .<br><br>Hollatz, L., & Gerlach, A. L. Hair care and hair-focused repetitive behaviors: A descriptive cross-sectional study. <i>Health Science Reports</i> . |
| 2025 | Hollatz, L., & Gerlach, A. L. Validation of the German Beliefs in Trichotillomania Scale (BITS-D). <i>Zeitschrift für Klinische Psychologie und Psychotherapie</i> .  |

#### Other Scholarly Publication

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| 2025 | Jahn, I., Hollatz, L., von Rimscha, S., Goletz, H., Stierle, C., Schmotz, S., Hennig, C., & Peters, A. (2025). Behandlungsempfehlung für körperbezogene repetitive Verhaltensstörungen – Body-Focused Repetitive Behavior Disorders (BFRBDs): Grundlegende Informationen für Betroffene, Angehörige und Behandelnde [Treatment recommendations for body-focused repetitive behavior disorders (BFRBDs): Foundational information for affected individuals, their relatives, and clinicians]. Psychiatrie Verlag. |
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### Selected Academic Activities

Conference presentations at national and international meetings (including TLC Conference, DGPPN)  
Invited talks and contributions to clinical guidelines  
Media contributions (interviews and podcasts on BFRBDs)

### Languages

German: Native, English: Fluent (near-native proficiency), French: Conversational